

What Is My Achilles Heel?

“Watch and pray so that you will not fall into temptation. The spirit is willing but the body is weak.” Matt. 26:41

Nobody is temptation free. Even mature Christians have weaknesses in their spiritual armor that make them vulnerable to attacks from Satan.

Legend of Achilles. When Achilles was a baby, it was foretold that he would die in battle from an arrow. Naturally, his mother Thetis did not want her son to die. So she took Achilles to the river Styx, a magical river which was supposed to offer powers of invincibility, She dipped his body into the water but Thetis had to hold Achilles by the heel. His heel was not washed over by the magical water. Achilles became a great warrior and won many great battles. But one day, an arrow shot at him hit his heel, killing him instantly. The term “Achilles’ heel” is often used as an expression to signify an “area of weakness, vulnerable spot”.

Each of us must ask: What is my Achilles heel? We need to know our weaknesses. It can be our pride, the love of money, a quick temper, a critical tongue, lust of the flesh, and many others. We must rely on the Lord for His help to be protected from the “fiery darts” of Satan (Eph. 6:16).

Some related verses:

James 1:13-15

Galatians 5:16-25

1 Peter 4:1-2